

Responsible Restart Ohio

Gymnasium

What to Expect

Participants

Using the Gym

- The gymnasium is open to members only, no guests.
- Member visits to the gymnasium are limited to 1 hour time slots. Each one hour slot will be followed by a 15 minute closure to clean the facility. Reservations are not required to use the gymnasium.
- Members must be 10 years of age or older to use the gymnasium. Those under 10 years old must be accompanied by a responsible person at least 15 years of age.
- While using the gymnasium please follow all signage.
- Members must keep a 6 foot social distance at all times unless you are with a member of your household. Refrain from playing in groups.
- The no-touch rule is in effect. All individuals must avoid physical contact with others including high fives, huddles, or other close contact occurring before, during, and after their activity unless the contact is for the purpose of safety.
- Scrimmages, games, and pickup games are not permitted. This time should be used for skills training or other non-contact sports.
- Do not share individual water bottles or other beverages before, during, or after activities.
- No spitting at any time before, during, or after activity.
- No congregation should occur before or after your activity.

Reminders

Using the Gym

- If you feel ill, stay home.
- Bring your membership card.
- All members must be screened before entering the building; including a temperature scan.
- Masks or face coverings are recommended but not required upon entering as well as inside the building.
- Arrive ready for your activity, no locker rooms.
- Bring only essential items into the building with you (wallet, keys, phone, devices). If it cannot fit in a gallon zip lock bag, it should stay in your car.
- Bring your own water bottle.
- Remember to take all items with you. Our lost and founds have been eliminated and we will dispose of all items left in the building.
- Keep 6 feet of space between you and others. Be sure to sanitize your hands frequently while in the facility.
- Do not touch your face or eyes.
- Cover your coughs or sneezes.
- Gymnasium visits are limited to one hour at a time. After which our facility closes temporarily to clean all high touch surfaces and equipment.
- Times for specific activities will be listed separately. See staff for details.

Equipment

Activity Equipment

- Members are required to bring their own athletic equipment for their activity. We are not able to provide any equipment at this time.
- Equipment related to the activity must be sanitized before, during and after every activity.
- Remember to take your equipment with you. Our lost and founds have been eliminated and we will dispose of all items left in the building.